LOCOMOTIVE

Remanufacturing cuts TransNamib locomotive costs by 40%





OUR FIRST BONUS A young Namibian's playbook for confidence. choice and freedom n 11



PRICE LEAD December 2025 A-Stores **Snapshot: Model Takes** the Price Lead

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MAIN STORY



Namibia's transport sector creates over 30,000 direct jobs

amibia's transport sector employs more than 30,000 people directly, with universities and vocational training centres playing a critical role in supplying the skills needed to sustain the industry, Works and Transport Minister Veikko Nekundi has said.

Nekundi said higher education institutions, including the Namibia University of Science and Technology (NUST), the University of Namibia (UNAM) and the International University of Management (IUM), together

with vocational training centres, are central to government's efforts to build the country's transport skills base.

He said universities continue to produce engineers responsible for the design and management of Namibia's transport corridors, while vocational centres are training artisans in trades such as mechanics and welding.

The minister said the transport sector is highly capital intensive and requires sustained investment to maintain, upgrade The transport sector is highly capital intensive and requires sustained investment to maintain, upgrade and expand roads, railways, ports and airports.

and expand roads, railways, ports and airports.

"Railways, ports and airports require significant funding and financial support. Therefore, our government, with our partners such as the African Development Bank, continue to support the provision to sustain and enhance our transportation infrastructure," Nekundi said.

He confirmed progress on several strategic corridors, including plans to extend the Grootfontein–Rundu railway line into Zambia, continued development of the Trans-Kalahari Corridor linking Windhoek to Botswana, and advanced engagements with Angola to improve connectivity between Oshikango and Santa Clara.

"We are carefully on the advanced stage together with our brothers and sisters of the Republic of Angola to create the direct connectivity of the railway and the connectivity between Oshikango and Santa Clara border post to ensure that the railway movements between Angola reaches connectivity," he said.

Nekundi said Namibia has established corridor secretariats to coordinate and manage regional routes, including the Trans-Kalahari and Trans-Caprivi corridors, both hosted in Namibia to streamline logistics across the region.

He added that cooperation with development finance partners has enabled tangible progress in the sector.

"As we speak today, last year and this year alone, a billion dollars of rail products was procured and continue to be procured because of the financial support, and I was informed that the last batch of the procurement of the contract is reaching finality of the 33-plus tonnage of railway is being finalised," Nekundi said.





Remanufacturing cuts TransNamib locomotive costs by 40%

Vacancies

Namib Desert Diamonds (Pty) Ltd (NAMDIA) "a commercial public enterprise" was established in 2016 by the Government of the Republic of Namibia as a cutting edge diamond sales and marketing company. NAMDIA is perfectly positioned to create a sustainable route to market a portion of Namibia's unique and highly soughtafter diamonds.

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Position: Key Accounts Manager (Permanent) Grade: D3

Closing Date: 30 January 2026, 17H00 CAT

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ransNamib Chief Executive Officer Desmondvan Jaarsveld says the remanufacturing of 20 locomotives is expected to cost about 60% of the price of procuring new units, delivering significant savings for the national rail operator.

Van Jaarsveld said TransNamib will spend up to N\$48.9 million per locomotive, bringing the total cost of the remanufacturing programme to about N\$978 million. By comparison, procuring 20 new locomotives would cost about N\$67.4 million per unit, or roughly N\$1.34 billion.

Speaking during an engagement with the Minister of Works and Transport, Veikko Nekundi, and Botswana's Minister of Transport and Infrastructure, Noah Salake, van Jaarsveld said the remanufacturing process effectively produces a

locomotive equivalent to a new

"We will remanufacture 20 locomotives. This will cost about 60% of the price of procuring new units. In the process, we reuse only the chassis and the bogies after they have passed inspection. All other components are replaced, meaning the end product is effectively a brandnew locomotive," he said.

He said the initiative follows TransNamib's earlier announcement that it plans to invest N\$1.7 billion to acquire 23 new locomotives as part of a wider fleet upgrade to strengthen Namibia's rail transport capacity.

Van Jaarsveld said work on the remanufacturing programme has already started, with teams currently stripping and inspecting the first locomotives. Two units are close to completing the initial stripping phase, while work on a further two has begun.

Each remanufacturing cycle is expected to take about nine months, significantly shorter than the roughly 24 months required to procure new locomotives. This, he said, will allow a faster return of locomotives to active service.

"This is one of the major advantages, as it significantly reduces turnaround time and allows remanufactured locomotives to return to service much faster. We are targeting October or November

next year to have the first remanufactured locomotives back on the tracks, and we are confident we can meet that timeline," van Jaarsveld said.

In addition remanufacturing, TransNamib has completed the refurbishment of two locomotives. Van Jaarsveld said refurbishment involves reconditioning existing components restore to functionality and offers a quicker but more limited solution.

However, he said refurbishment alone is no longer sufficient, as some locomotives in the fleet are more than 50 years old, prompting a shift towards full remanufacturing.

"While refurbishment has its place and can quickly return locomotives to operation, our long-term solution lies in remanufacturing. Remanufacturing allows us to retain only the bogies and chassis while replacing all other components," he said.

said the Van Jaarsveld programme will initially depend on international technical expertise. with potential partners, mainly from Asia, already identified negotiations and under way. A key condition of the partnerships will be skills and technology transfer, with the goal of achieving full local remanufacturing capability within two years.



Shoprite Holds the Cheapest Basket in December Even as Costs Climb Above N\$1,000 Again

The December 2025 comparison shows continued price competition among Namibia's major retailers. Shoprite once again delivers the most affordable overall basket at N\$1,013.78, maintaining its position as the value leader. Model and Choppies follow closely at N\$1,032.78, offering strong mid-range pricing.

On the other end, Metro records the highest basket cost at N\$1,120.68, largely due to elevated prices on meat stuff and selected fresh produce items.

	Total Basket Cost (N\$)	Difference from Cheapest (N\$)	
Shoprite	1,013.78	-	
Model	1,032.78	19.00	
Choppies	1,032.78	19.00	
OK Foods	1,049.78	36.00	
Spar	1,058.39	44.61	
Checkers	1,078.78	65.00	
Metro	1,120.68	106.90	

Key Product Highlights 1. Staple Foods

- Shoprite and Checkers tie for the cheapest white bread at N\$10.99.
- Model remains highly competitive on other core staples, offering the cheapest Top Score Maize Meal 5kg (N\$59.99) and the cheapest sugar 2.5kg (N\$52.99).
- In contrast, Metro's prices of most staple products are above the broader market average.

2. Proteins (Chicken, Mince, Eggs)

- Chicken (1.5 kg): Choppies provides the lowest price at N\$75.99, making it the best option for poultry.
- Mince (1 kg): Shoprite is the most affordable at N\$99.99.
- Eggs (18s): Shoprite, Choppies, and Checkers all tie for the lowest price of

N\$56.99, providing multiple choices for budget-conscious shoppers.

3. Fresh Produce

Fresh produce continues to show the widest price variation across retailers:

- Tomatoes (1kg) were significantly higher at Choppies as compared to Shoprite.
- Onions (1kg): Spar offers the cheapest price, while Checkers is the most expensive.
- Potatoes (1kg): Choppies stands out with the lowest price, nearly half of Metro's (N\$27.89), reinforcing its strength in produce affordability.

4. Household Essentials

- Toilet Paper (9 Rolls): Shoprite leads with the lowest price at N\$69.99.
- Soap (1 bar): Spar offers the best deal at N\$11.99.
- Toothpaste (100ml): Shoprite provides exceptional value at N\$16.99, compared to Metro's N\$34.99, which is more than double the price.

Retailers Performance Summary

1. Shoprite – Best Value for December

• Shoprite delivers the lowest total basket and is especially strong in bread, toilet paper, mince, and toothpaste. Its overall pricing reinforces its position as the most cost-effective retailer this month.

2. Model & Choppies – Strong Mid-Tier Options

• Both retailers offer similar total basket costs for December. Model maintains consistently competitive pricing across key staples, including the cheapest maize meal and sugar, while Choppies excels in specific areas, offering the cheapest chicken, potatoes, and milk.

3. OK Foods & Spar – Moderate Price Range

• Both fall comfortably in the mid-tier. Spar distinguishes itself with some of the best prices on fresh produce (onions) and essential items like soap.

4. Checkers – Quality Focus with Higher Pricing

• Checkers tends to price higher on many staples but remains competitive on eggs and bread.

5. Metro – Highest Basket Cost

• Metro ranked as the most expensive retailer, with prices on mince, chicken, pasta, and several staples consistently above market levels.

Conclusion & Consumer Takeaway

December 2025 results show a retail market that remains highly competitive, giving consumers meaningful opportunities to save through store selection. Shoprite delivers the strongest overall value, while Metro sits at the upper end of the cost spectrum.

With living costs remaining a concern for many households, comparing prices across retailers can help unlock savings of more than N\$100 for the same basket of essential goods.

About This Survey

This comparative analysis is conducted on a monthly basis to provide consumers in Windhoek with a clear and practical guide to grocery prices. As households continue to navigate their budgets, our goal is to highlight where the best value can be found.

The survey is based on a standard basket of 22 essential grocery items, with prices recorded across seven of the city's major retail chains.

The totals reflect the cost of purchasing the entire basket from a single store.





Plans to redevelop the former Heja Game Lodge into a mixed-use lifestyle estate are gaining momentum, following the start of new environmental and social engagement processes for the proposed Heja Lifestyle and Country Estate.

Heja Game Lodge, once a popular game-viewing destination, closed on 15 July last year and is now moving closer to redevelopment.

A new round of public consultations and assessments has commenced for the planned construction and operation of the mixed-use estate, which will cover about 320 hectares and is located 18 kilometres east of Windhoek along the B6 highway.

According to project documents, the estate will comprise approximately 1,200 residential erven, including single residential units, townhouses, apartments and mixed-use structures.

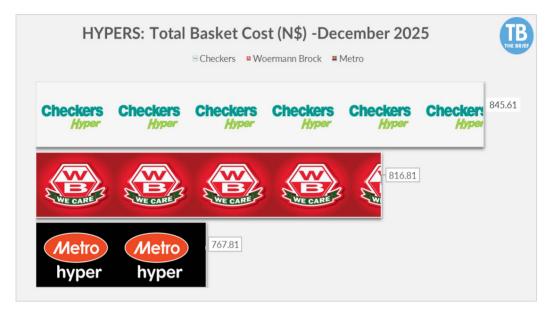
The master plan will be implemented in

multiple phases and adjusted in line with market demand and community feedback.

Public input to date has focused on environmental sustainability, water use, waste management and the potential impact on surrounding wildlife habitats. Other concerns raised include increased traffic volumes and potential pressure on infrastructure along the B6 corridor.

The Heja Lifestyle and Country Estate, which will be developed in three phases, is expected to include residential, commercial and leisure components, with provision for schools, retail outlets, medical facilities and green spaces designed to integrate with the natural environment.

Heja Game Lodge, located between Windhoek and Hosea Kutako International Airport, previously employed about 50 people and offered 50 rooms and conference facilities before closing last year.



HYPERSTORES: Metro Offers the Lowest Grocery Basket in December

ecember's hyperstore price comparison paints a clear picture: Metro is the cheapest option this month with a total basket cost of N\$767.81. The price gap between Metro and the other two stores is wide enough for shoppers to save an easy N\$50 to N\$80 when buying the same basic items.

Woermann Brock lands in the middle at N\$816.81, and Checkers comes in as the most expensive option at N\$845.61.

What stands out this month is how differently each store prices its everyday essentials. A few examples really show how quickly the basket totals drift apart:

- Cooking oil (2L) ranges widely: Woermann Brock has the best price at N\$64.99, while Checkers sits at N\$76.99.
- Toothpaste is another big divider, Metro sells it at N\$16.99, and Checkers charges N\$24.99 for the same pack.
- Chicken (1.5kg) is where Woermann Brock really loses ground, coming in at N\$99.99, which is far above Metro's N\$75.99.

Item	Quantity	Checkers	Metro	Woermann Brock
White Bread	Loaf	10.99	14.99	12.99
Cooking Oil (cheapest)	2L	76.99	68.99	64.99
Top Score Maize Meal	5kg	72.99	59.99	68.99
White Sugar (cheapest)	2.5kg	52.99	52.99	55.99
Chicken (cheapest)	1.5kg	79.99	75.99	99.99
Tastic Rice	2kg	46.99	35.99	39.99
Polana Macaroni Pasta	3kg	64.99	69.99	69.99
Long Life Full Cream Milk	1L	21.79	19.99	19.99
2Ply Toilet Paper (cheapest)	9 Rolls (350 Sheets)	79.99	72.99	69.99
Wellingtons Tomato Sauce	750ml	25.99	22.99	25.99
Sunlight Washing Powder	2kg	69.99	54.99	52.99
Rama Butter	500g	29.99	24.99	27.99
Eggs (cheapest)	18 medium	56.99	61.99	69.99
Sunlight Dish Washing Liquid	750ml	37.99	34.99	29.99
Aquafresh Toothpaste	100ml	24.99	16.99	17.99
Soap (cheapest)	Bar of Soap	14.99	5.99	11.99
Onions	1kg	23.99	20.99	22.99
Potatoes	1kg	22.99	21.99	25.99
Tomatoes	1kg	29.99	29.99	27.99
Total		N\$ 845.61	N\$ 767.81	N\$ 816.81

"

If you're buying a full basket of groceries, Metro gives you the best value for December.

Metro's advantage comes from consistent pricing across the basket, staples like maize meal (N\$59.99), rice (N\$35.99), milk (N\$19.99), tomato sauce (N\$22.99), and Rama (N\$24.99) are all noticeably cheaper than at the other stores, and these small differences add up quickly and explain why Metro stays ahead. Woermann Brock offers selective value such as cheaper dishwashing liquid, strong pricing on cooking oil, and decent deals on produce. But the higher costs on chicken, eggs, and potatoes work against

it. Checkers, on the other hand, feels the most expensive across the board. It's not just one category, most items are slightly higher, and those small premiums eventually stack up.

Conclusion & Consumer Takeaway

If you're buying a full basket of groceries, Metro gives you the best value for December. Woermann Brock is a workable middle ground, especially for shoppers who value convenience or specific deals, but Checkers remains the costliest option for the same set of goods.



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(3)

Your first bonus: A young Namibian's playbook for confidence, choice and freedom

By Hilma Petrus

It is bonus season, that time of year when many young Namibians receive a little extra: a first- ever bonus, a festive month payout, side hustle money finally coming in, or even new seed capital to grow a budding business. It is an exciting milestone, and it deserves to be celebrated.

And yes, December specials are calling, holiday vibes are strong, and it is tempting to spend that money the minute it arrives. But your first bonus is more than just extra cash. It is an opportunity to create choice, confidence and freedom in your financial life.

The Key It starts with your attitude.

Making better money choices should not feel like a punishment. It should feel like an achievement. When you decide that financial discipline is about expanding your options rather than restricting them, your bonus becomes a tool for empowerment, not stress.

Here is a refined playbook to help you spend and plan with intention.

1. Set a Budget and Stick to It

Tracking your income and spending is the first step toward making smarter financial decisions.

A budget helps you see clearly where your money goes and ensures your bonus is not splurged away without meaning.

For many first-time bonus earners, especially young professionals receiving extra side hustle cash or their first formal employment bonus, this can be an eye-opening exercise. A budget helps you identify what you can afford now and what you want to work toward in the future.



Tracking your income and spending is the first step toward making smarter financial decisions.

As you do this, set money goals that reflect your ambitions. Your goals may include furthering your education, buying a car, starting a side business or planning your first solo holiday. A goal gives your bonus purpose and direction.

2. Do Not Fall into Temptation

That new smartphone, smartwatch, designer sneaker or trending fashion item may be calling name, and social pressure makes it even harder to resist.

There is nothing wrong with treating yourself.

However, make sure

- · You can truly afford it
- \cdot It does not derail your goals
- · It will not create unnecessary financial pressure later

Enjoy the purchase only if it supports your long-term well-being rather than sabotages it.

And remember, the festive season comes with its own temptations. For those travelling to the north, as many young Namibians do, it is easy to overspend on food, fuel, outings and family gatherings. The wedding season also begins, and you may feel pressured to contribute or even foot the bill. Treating your

vour

Your bonus is not just extra cash. It is your opportunity to make one smart decision that builds real confidence.

loved ones is meaningful, but it must be done responsibly. Before you swipe, think twice. Budget wisely so you do not compromise your own needs and can still reward yourself for a year of hard work.

Make money choices that your future self will thank you for.

3. Pay Off Short-Term Debt First

Use your bonus to enhance your financial stability by paying off high-interest debt, such as personal loans, credit card balances, or student loans. Reducing these debts frees up more of your income for the future and removes unnecessary stress.

Student loan repayment may become more challenging as new repayment structures come into effect. Any extra you put toward this debt now protects your long-term financial freedom.

4. Build an Emergency Fund

Unexpected expenses are part of life. An emergency fund provides financial protection during job transitions, car repairs, medical emergencies or family responsibilities.

Consider placing part of your bonus in a savings account, unit trust or investment vehicle. An emergency fund is one of the strongest foundations for financial confidence and independence as a young professional.

5. Strengthen Your Financial Foundation

Many young Namibians share similar financial goals:

- · living within their means
- · supporting themselves and loved ones
- · reducing debt
- · building additional income streams

Your first bonus is a stepping stone. With intentional decisions, you can build a foundation of confidence, choice and freedom.

6. Speak to an Accredited Financial Adviser or Broker

Young professionals often underestimate the value of expert guidance. An accredited financial adviser or broker can help you

- \cdot set realistic and achievable financial goals
- · budget with intention
- · understand insurance and investment options
 - · avoid costly mistakes
 - \cdot choose products that match your life stage

Working with a professional ensures that your decisions today support the lifestyle, opportunities and financial freedom you want in the future.

Your bonus is not just extra cash. It is your opportunity to make one smart decision that builds real confidence.

Festive joy is wonderful, but building a future you are proud of is the real gift.

Make money choices that your future self will thank you for.

*Hilma Petrus is a Marketing Consultant at SanlamAllianz



December 2025 A-Stores Snapshot: Model Takes the Price Lead

he December 2025 A-Stores comparison shows fairly tight competition across the board, but Model emerges as the cheapest overall option, with a total basket of N\$1,047.80. Food Lover's Market follows closely at N\$1,055.80, while Woermann Fresh (N\$1,067.80) and SuperSpar (N\$1,096.80) come in on the higher side.

The gaps aren't massive, but they're still meaningful, especially for shoppers buying fresh produce and branded items.

• Model's basket comes out cheapest, not because it dominates all

categories, but because it avoids expensive surprises. Prices across core items such as bread, milk, pasta, cleaning products, and toothpaste are steady and predictable, keeping the total under control.

• Food Lover's Market, on the other hand, plays a different game. It is clearly positioned around fresh produce and dairy, offering the lowest prices on potatoes, cucumbers, tomatoes, apples, butter, and cheddar cheese. For shoppers building meals around fresh ingredients, this store delivers visible value even if higher prices on chicken and pantry staples narrow the



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overall savings.

- Woermann Fresh sits somewhere in between. It competes well on selected items such as basmati rice, butter, onions and salad dressing, but higher prices on household necessities like toilet paper reduce its overall competitiveness.
- SuperSpar's basket ends December as the most expensive. While it remains competitive on a few basics, its pricing on items such as cheddar cheese, fresh milk, toilet paper and chicken breasts pushes the basket above the rest.

What's in the basket?

ltem	Quantity	Model	SuperSpar	FoodLover's Market	Woermann Fresh
Long Life Full Cream Milk	1L	24.99	26.99	24.99	24.99
Chedder Cheese	400g	86.99	93.99	69.99	89.99
Potatoes	1kg or p/kg	26.99	23.99	14.99	24.99
Lettuce	X1	35.99	25.99	29.99	30.99
Cucumber	X1	18.99	16.99	14.99	17.99
Tomatoes	1kg or p/kg	31.99	37.99	29.99	34.99
Onions	1kg or p/kg	28.99	29.99	29.99	24.99
Apples	1kg or p/kg	36.99	35.99	29.99	39.99
Chicken Breasts	p/kg	116.99	128.99	139.99	119.99
White Bread	Loaf	13.99	13.99	14.99	14.99
Macaroni Pasta	500g	14.99	14.99	16.99	17.99
Basmati Rice	1kg	92.99	92.99	99.99	89.99
Salted Butter	500g	98.99	99.99	84.99	84.99
Salad Dressing	340ml	44.99	42.99	39.99	39.99
Tangy Mayonnaise	750g	47.99	39.99	46.99	44.99
White Sugar	2kg	41.99	44.99	44.99	45.99
Gel Toothpaste	100ml	29.99	32.99	31.99	29.99
Toilet Paper	18 Rolls 2Ply	139.99	172.99	169.99	179.99
Dish Washing Liquid	750ml	29.99	39.99	39.99	29.99
Auto Washing Powder	2kg	82.99	79.99	79.99	79.99
Total		1,047.80	1,096.80	1,055.80	1,067.80

Conclusion & Consumer Takeaway

December's A-Stores results suggest that splitting your shopping trip still delivers the best value. A produce run at Food Lover's, combined with pantry and household items from Model, could easily outperform any single-store basket.

Rather than a clear "best store," December highlights different strengths across A-Stores, giving shoppers room to be strategic even when price gaps are relatively narrow.



Pupkewitz Offers the Cheapest Hardware Basket in November 2025

Pupkewitz offered the cheapest overall basket at N\$7,374.03, making it the most affordable retailer for November and the cheapest for the fourth consecutive month. BUCO followed with a total of N\$7,752.56, placing it just ahead of Build It and Ark Trading, which recorded the highest basket price among the four retailers.

Pupkewitz (N\$7,374.03)

• Pupkewitz secures the cheapest overall basket by maintaining balanced competitiveness across both high-value items (such as aluminium fittings) and medium-cost items (like ceiling boards and door frames).

BUCO (N\$ 7,752.56)

• BUCO positions itself as a mid-range. While not consistently the cheapest, BUCO

remains competitive in several categories such as ceiling boards, brickforce, and some aluminium products.

Build It (N\$ 7,782.46)

• Build It provides competitive pricing in specific categories, particularly aluminium windows and cement products. However, higher prices in categories like paint and bricks reduce its overall competitiveness.

Ark Trading (N\$ 7,791.83)

• Ark Trading dominates many low-cost items (bricks, brickforce) and performs exceptionally well on certain high-value goods such as paint and sliding doors.

The Price-Conscious Consumer Basket

To determine the lowest possible cost a consumer can achieve, the cheapest price for each item across all four stores was







CANVAS FRAME

A3 - N\$250.00 A2 - N\$400.00 A1 - N\$500.00

A0 - N\$850.00

Custom Sizes Available





A highly price-conscious shopper can achieve savings of over N\$325 by sourcing each item from the lowest-priced retailer.

selected. The resulting Total Minimum Basket Cost is N\$7,048.30. This represents the absolute minimum a consumer could spend by purchasing each item at the retailer offering the best price.

The minimum basket is N\$325.73 cheaper than Pupkewitz's basket and N\$743.53 cheaper than the most expensive retailer's basket.

D. H.D Martin I.I.	Cheapest	Source	ce % Share of	
Building Material	Price (N\$)	Store	Total	
Aluminium Sliding Door	2,759.00	Pukewitz	39.1%	
Paint 20L	929.99	Ark Trading	13.2%	
Aluminium Window				
(Bronze)	835.06	Build it	11.8%	
Roofing Galvanized IBR	604.15	Ark Trading	8.6%	
Copper Tube 460 Class				
0	577.28	Ark Trading	8.2%	
Door Frame Steel	498.28	Ark Trading	7.1%	
Interior	275.00	Pukewitz	3.9%	
Ceiling Board	122.28	BUCO	1.7%	
42.5 Cement Ohrongo				
50kg	109.45	Pukewitz	1.6%	
32.5 Cement Ohrongo				
50kg	102.30	BUCO	1.5%	
Lockset 2 lever	78.99	Pukewitz	1.1%	
Lintol concrete				
(1800X110X75MM)	45.66	Ark Trading	0.6%	
Lintol concrete				
(1200X110X75MM)	44.45	Pukewitz	0.6%	
Lintol concrete				
(900X110X75MM)	32.95	Pukewitz	0.5%	
Brickforce 150MM	15.44	Pukewitz	0.2%	
Brickforce 75MM	15.44	Pukewitz	0.2%	
Brick 7MPA	2.58	Ark Trading	0.04%	
Total	7,048.30		100%	

The first six items alone make up roughly 88% of the conservative basket's total cost

This shows that the overall basket is driven largely by highvalue products, particularly aluminium fittings and paint.

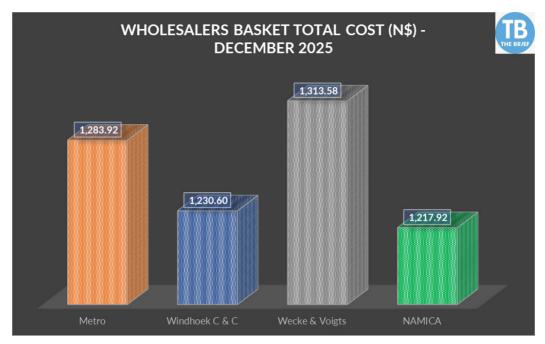
Consumer Takeaway

A highly price-conscious shopper can achieve savings of over N\$325 by sourcing each item from the lowest-priced retailer.

For households undertaking major renovations, maximizing savings on aluminium doors/ windows and paint is essential, as these items contribute the most to total project costs.

Disclaimer: This survey is for informational purposes only and is based on prices collected in October 2025.

Prices may vary due to supplier changes in stock issues or timing. Contact retailers directly for the latest information.



December 2025 Wholesalers Market Snapshot: NAMICA Holds the Crown Once Again

he December 2025 wholesalers' comparison shows a clear continuation of recent pricing patterns, with NAMICA once again offering the most affordable overall bulk basket at N\$1,217.92. Windhoek Cash & Carry follows closely at N\$1,230.60, while Metro and Wecke & Voigts remain at the higher end of the price range.

Although price differences across wholesalers tend to be narrower than in retail supermarkets, December's results still reveal meaningful savings for buyers sourcing bulk staples.

Wholesaler Standings - December 2025

- 1. NAMICA Competitive across almost every staple, especially cooking oil and wheat flour. Their pricing strength keeps them firmly in the lead.
 - 2. Windhoek Cash & Carry Strong pricing

- on chicken and fresh milk, making it a smart alternative for buyers looking for both cost efficiency and consistent stock.
- 3. Metro Offered four of the eight cheapest items among wholesalers. Strong on rice, sugar, and pasta; however, higher chicken and cooking oil prices weigh down the total basket.
- 4. Wecke & Voigts Remains the most expensive basket overall. More suited to customers prioritizing convenience over savings.

What's Driving the Price Differences?

Cooking Oil Makes a Big Impact

One of the largest price gaps this month is on cooking oil. NAMICA sells the 5L bottle for N\$162.99, significantly cheaper than Metro's N\$212.99. For bulk buyers, this single item can shift purchasing decisions.

Chicken Prices Diverge

Items	Quantity	Metro	Windhoek C & C	Wecke & Voigts	NAMICA
Cooking Oil	51	212.99	165.95	185.10	162.99
Top Score	10kg	115.99	116.95	119.90	116.99
Marathon Sugar	10kg	178.99	191.95	186.00	182.99
Chicken	4kg	219.99	179.95	220.50	189.99
Rice (Tastic Rice)	10kg	178.99	193.95	192.60	189.99
Macaroni Pasta Polana	5kg	118.99	122.95	119.99	119.99
Fresh Milk full cream namilk	1l 6 pack	119.99	117.95	119.99	119.99
Vetkoek Wheat Flour	10kg	137.99	140.95	169.50	134.99
Total		N\$ 1,283.92	N\$ 1,230.6	N\$ 1,313.58	N\$ 1,217.92





C/O Seretse Khama & Thorer Street, WHK P O BOX 22927 Windoek www.sunkarros.com

HEAD CHEF

(SESRIEM BASED)

The successful incumbent will report to the Lodge Manager. We are looking for an experienced, creative, and passionate Head Chef to join our team. As Head Chef, you will manage the daily operations in the kitchen. You will be responsible for the preparation of quality cuisine and the supervision of kitchen staff.

MINIMUM REQUIREMENTS

- Tertiary qualification in professional cookery or a similar field
- . Minimum of 10 years' working experience as a Head / Executive Chef
- 5-10 years' experience as Chef at a luxury, high-end, remote lodge
- · Prior international working experience will be an advantage
- Excellent time management and organizational skills, ability to copy under pressure
- Proven creative abilities in baking, pastries and culinary cooking
- · Computer literate
- Proficient in English; ability to speak, read and write in a professional manner

KEY FUNCTIONS

- · Development and implementation of innovative menus
- Direct kitchen operations; assign tasks, supervise cooks
- · Preparation of international standard cuisine
- Ensure that all kitchen and waiting staff adhere to food safety and hygiene regulations to ensure a clean and sanitary kitchen
- Inspect raw and cooked food items to guarantee that the highest quality products are prepared and served to customers
- · Monitor and control stock levels

CLOSING DATE: 22 DECEMBER 2025

Interested candidates should please forward their CV's to: CV@sunkarros.com

Windhoek Cash & Carry offers the best price on 4kg chicken at N\$179.95. Wecke & Voigts is the highest at N\$220.50, contributing to their more expensive total basket.

Flour, Sugar, Top Score, Rice & Macaroni

NAMICA offers the cheapest vetkoek flour (10kg) at N\$134.99. Metro leads on Top Score, sugar, macaroni, and rice — but the savings on these items are offset by higher meat and oil prices.

Conclusion & Consumer Takeaway

December's wholesale landscape shows less volatility than retail, but the price gaps remain large enough to influence shopping decisions, especially for families. caterers, and small businesses buying in bulk. NAMICA's continued lead positions it as Namibia's most budgetfriendly wholesaler, others remain competitive only on selected items.